

DECEMBER

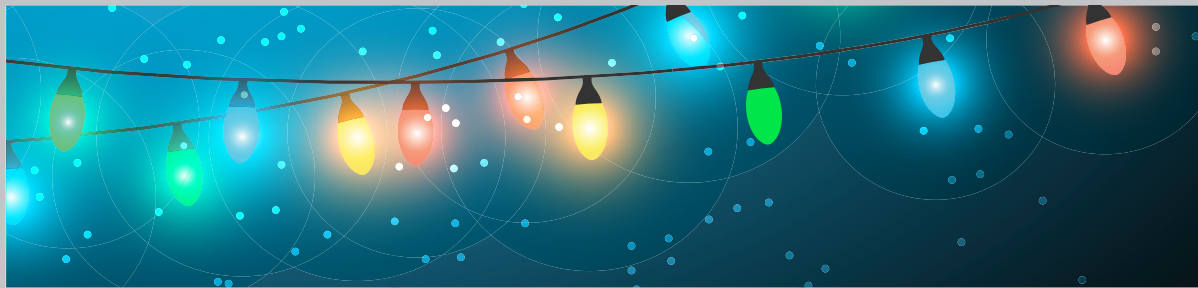
MON

TUES

WED

THURS

FRI



Classes & programs listed available at Miles Perret Office and Wellness Center only. They are not available on the Mobile Miles van.

1	Gentle Yoga: 10-11am
SAT 2	
8	Gentle Yoga: 10-11am
SAT 9	SMILES for Miles: Trolls Band Together: 10am The Grand 16, Johnston St.
15	Gentle Yoga: 10-11am MPCS & WELLNESS CLOSING AT 11AM
SAT 16	
22	MPCS & WELLNESS CENTER CLOSED
SAT 23	
29	No Yoga
SAT 30	

4	Walking Club: 10am Sit & Fit: 11:15am-12:15pm Mobile Miles: Opelousas
5	Toning: 10-11am Breast Cancer Support Group: 5:30pm
6	Circuit Training: 10-10:30am Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm
7	Toning: 10-11am Mobile Miles: New Iberia
11	Walking Club: 10am Sit & Fit: 11:15am-12:15pm Mobile Miles: Opelousas
12	Bra & Prosthesis Fitting: 10am-2pm <i>by appointment only</i> Toning: 10-11am Mobile Miles: Crowley
13	Circuit Training: 10-10:30am Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm
14	Toning: 10-11am Mobile Miles: New Iberia
18	Walking Club: 10am Sit & Fit: 11:15am-12:15pm Mobile Miles: Opelousas
19	Toning: 10-11am Mobile Miles: Mamou
20	Circuit Training: 10-10:30am Line Dancing: 11am-12pm Gentle Yoga: 5:30-6:30pm
21	Toning: 10-11am Mobile Miles: New Iberia
25	MPCS & WELLNESS CENTER CLOSED
26	MPCS & WELLNESS CENTER CLOSED
27	Circuit Training: 10-10:30am Line Dancing: 11am-12pm No yoga
28	Toning: 10-11am
JAN 1	MPCS OFFICE & WELLNESS CENTER CLOSED JANUARY 1 st & 2 nd

EVENTS

BREAST CANCER SUPPORT GROUP
TUESDAY, DECEMBER 5th | 5:30pm

BRA & PROSTHESIS FITTING
TUESDAY, DECEMBER 12th

This month's fitting will be Tuesday, December 12th by appointment only. Call to make an appointment.

SMILES FOR MILES: TROLLS BAND TOGETHER

SATURDAY, DECEMBER 9th | 10am

Join us at The Grand 16 on Johnston Street to watch 'Trolls Band Together.' Grab your family, and let's create magical memories together. A drink and popcorn will be included.

Spaces are limited. Call 337.984.1920 to RSVP.

Participation in SMILES for Miles is available to client families with children under 18 years old.

MPCS CLOSED
DECEMBER 15th at 11am
DECEMBER 22nd - 26th
JANUARY 1st - 2nd

MOBILE MILES

Mobile Miles is making stops by appointment only. To set up an appointment, please call the Miles Perret office at 337-984-1920.

DATE	CITY	LOCATION
MON 4	Opelousas	OGH South Campus
THUR 7	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 11	Opelousas	OGH South Campus
TUES 12	Crowley	Acadia Gen. Cancer Center
THUR 14	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)
MON 18	Opelousas	OGH South Campus
TUES 19	Mamou	Savoy Cancer Center (803 Poinciana St)
THUR 21	New Iberia	SHIPS Medical (602 N. Lewis St. Dauterive H.)

 Mobile Miles is sponsored by Our Lady of Lourdes Regional Medical Center.

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 **MILES PERRET**
CANCER SERVICES
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**DECEMBER
CALENDAR &
NEWS**

 **MILES PERRET**
CANCER SERVICES